

Boot Scootin' To Good Health Line Dancing
Sponsored by Methodist Healthcare

You must be a member of 55PLUS® or WomanPlus® to participate in line dancing and clogging classes. If you're attending for the first time, please arrive 10-15 minutes early to fill out a registration form. Don't forget your WomanPlus or 55PLUS membership card. Since the instructors volunteer their time, you may want to contribute when the hat is passed! Some locations require a \$1 contribution from each participant to help off-set costs for room utilities. **Important!** - Introduction to Basic Line Dance Steps! Talk to your instructor about learning basic line dance steps. Several instructors are willing to work on an individual basis with those needing to learn the basics, so be sure to ask!



Day	Class	Time	Location
Monday	Beginner	10:00 am	St. Agnes Catholic Church
	Beginner	10:15 am	*Leon Valley Senior Center (see note under address)
	Beginner	1:30 pm	Jefferson United Methodist Church
	Intermediate	7:30 am	St. Margaret Mary's Activity Center
	Intermediate	9:00 am	Dellview Baptist Church
	Beginner	2:00 pm	House of Prayer Lutheran Church (gospel music)
	<u>Mixed</u>	6:00 pm	Granados Adult Senior Center
Tuesday	Beginner	9:00 am	Schertz Community Center
	Beginner	10:00 am	Schertz Community Center
	Beginner	9:30 am	Community Bible Church
	Beginner	11:00 am	Granados Adult Senior Center
	Beginner	1:00 pm	St. Louis Braden Keller Comm. Center
	Beginner	5:30 pm	University United Methodist Church
	Intermediate	8:30 am	Crossroads Mall
	Intermediate	10:00 am	Royal Palace Ballroom
	Intermediate	10:15 am	Community Bible Church
	Intermediate	11:00 am	Schertz Community Center
	Intermediate	1:00 pm	Granados Adult Senior Center
	Intermediate	6:30 pm	University United Methodist Church
	Advanced	12:00 pm	Granados Adult Senior Center
Wednesday	Beginner	9:30 am	Shearer Hills Baptist Church
	Beginner	1:30 pm	TriPoint YMCA
	Intermediate	10:30 am	Shearer Hills Baptist Church
	Intermediate	2:30 pm	TriPoint YMCA
	Intermediate	4:30 pm	Laurel Heights United Methodist Church
Advanced	11:30am	Shearer Hills Baptist Church	
Thursday	Beginner	9:30 am	Holy Trinity Catholic Church
	Intermediate	7:30 am	South Park Mall
	Intermediate	9:00 am	Northcliff Hall (Fire Station)
	Intermediate	10:00 am	Rainbow Seniors Center
	Intermediate	10:00 am	Royal Palace Ballroom
	Intermediate	10:30am	Holy Trinity Catholic Church
Friday	Beginner	10:05 am	Leon Valley Senior Center
	Beginner	1:30 pm	Wedgewood Apartments

Clogging Classes

Monday All levels 11:00-12:30 pm DancePlus



Alamo Heights United Methodist Church
825 E. Basse Rd (in Lincoln Heights)
San Antonio, TX 78209

Northcliff Hall (Fire Station)
3501 Morning Drive
Cibolo, TX 78108

Community Bible Church
2477 N. Loop 1604 East
San Antonio, TX 78232

Rainbow Seniors Center
210 W. Kronkosky St.
Boerne, TX 78006

Crossroad Mall
4522 Fredericksburg Rd – Upper Level
San Antonio, TX 78201

Royal Palace Ballroom
3506 S.W. Military Drive
San Antonio, TX 78211

DancePlus
2824 Thousand Oaks
San Antonio, TX 78232

Schertz Community Center
1400 Schertz Parkway
Schertz, TX 78154

Dellview Baptist Church
454 Beryl
San Antonio, TX 78213

Shearer Hills Baptist Church
12615 San Pedro Avenue
San Antonio, TX 78216

Granados Adult Senior Center
500 Freiling
San Antonio, TX 78213

South Park Mall
2310 S.W. Military Drive
San Antonio, TX 78224

Holy Trinity Catholic Church
20523 Huebner Rd
San Antonio, TX 78258

St. Agnes Catholic Church
814 Ruiz St
San Antonio, TX 78207

Jefferson United Methodist Church
758 Donaldson Avenue
San Antonio, TX 78201

St. Louis Braden Keller Community Center
1410 Amelia
Castroville, TX 78009

*Leon Valley Senior Center
6427 Evers Road
San Antonio, TX 78238
To participate at Leon Valley Senior Center you must be a member of the Northwest Seniors (\$5 dues, per person Annually) and 55 years of age or older.

St. Margaret Mary's Activity Center
1314 Fair Avenue
San Antonio, TX 78223

TriPoint YMCA
3233 N. St. Mary's St.
San Antonio, TX 78212

Laurel Heights United Methodist Church
227 W. Woodlawn
San Antonio, TX 78212

University United Methodist Church
5084 DeZavala Rd (at Vance Jackson)
San Antonio, TX 78249

Wedgewood Apartments
6701 Blanco Rd, (inside the Loop)
11th fl Club Room
San Antonio, TX 78216